

# YFAH *Residential* Program

FOR MULTI-FAMILY RESIDENTIAL COMMUNITIES

## WHO WE ARE

Yoga for All Humans is a **fully online yoga studio offering a wide variety of yoga, meditation, and breath work classes.**

We offer many live-stream classes/week from a diverse set of teachers. Classes vary in length from 30-60 minutes. All classes are recorded and uploaded to our video library, which are accessible to members on-demand within 24-48 hours.

## YOUR “WHY”

A YFAH partnership will show your residents you're more than just talk. **You care about their mental and physical wellbeing in addition to their housing security.** On-site classes are also a great way to encourage socializing within your community. This will add tangible value for your residents and set you apart from your competitors for long-term tenants!

## CLASS PACKAGE OPTIONS

### ON-SITE CLASSES

1 Class	\$150
3 Class Package	\$350
5 Class Package	\$500
6+ Class Package	\$75/class

## MEMBERSHIP OPTIONS

### RESIDENTIAL MEMBERSHIP

\$10/resident/month

\*Paid by Property Management

### RESIDENT EXCLUSIVE DISCOUNT

10% off YFAH Memberships for all residents

\*Paid by Residents

### ↓ All memberships include:

- Unlimited live-streamed classes
- Unlimited access to the YFAH video library
- All-access to YFAH Events & Workshops

**P.S** The YFAH App is always included for the easiest access to YFAH classes and streaming!



Where yoga is for *every* body.

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